

# Upgrade your mask to limit Airborne spread of COVID-19: **FIT + FILTER + FUNCTION**

Don't forget the 3<sup>rd</sup> F = FUNCTION. Make sure your mask is breathable and comfortable.

## FILTER Effectiveness



**3-Ply Cloth Mask  
with Polypropylene  
middle layer**

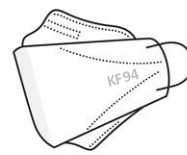


**Surgical Mask  
ASTM Level 2 or 3**



shutterstock.com - 1709382436

**KN95, KF94  
Respirators**



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**N95  
Respirators**

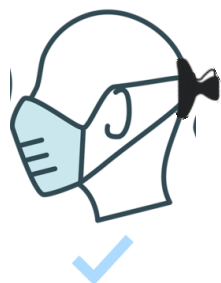


**Elastomeric P100  
Respirators**

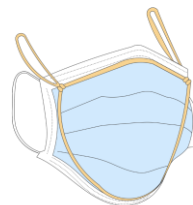
## FIT Effectiveness



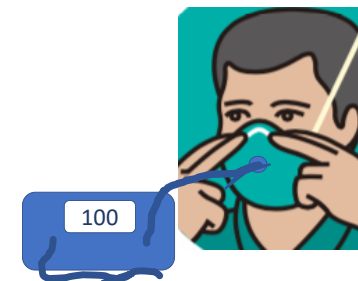
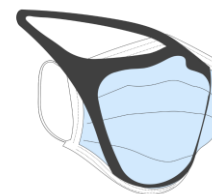
**Layer up with thin, tight-  
fitting cotton mask or  
nylon stocking**



**Ear-saver or hairclip to  
Pull ear loops behind  
your head**



**Mask-fitter brace or  
surgical tape**



**Fit-test  
(for N95 or elastomeric)**

**\*Fit-tested N95s and Elastomerics should be prioritized for high risk essential workers while supplies are limited**