

# Family Entertainment Bingo

Staying at home can be hard on mental health, and a good way to combat loneliness is spending time with your family. Try these fun activities with your loved ones and cross them off as you go!

Splatter painting as a family 	Paint rocks and leave them on trails for others	Make an online collage of family photos	Do a family jigsaw puzzle 
Face painting characters from a fairy tale	Board games/cards night 	Crafts day/night 	Family movie night (make popcorn, movie tickets, posters)
Sports night (wear your jerseys, make tickets)	Blindfolded art challenge 	Stargazing night - download the skyview app!	Family karaoke night 
Family treasure hunt that leads to a final prize	Make a jeopardy game online 	Themed dress-up night ex. Roaring 20s, spring/autumn	Go bird watching 

Do as many as you can and tag a friend to try the activities as well!